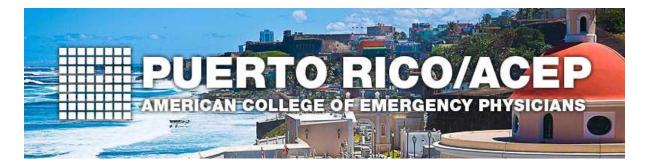
A Newsletter for the Members of the Puerto Rico Chapter - Spring 2020



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President's Message

Saludos para todos los emergenciologos de Puerto Rico,

This "President's Message" is written during the worst pandemic that the specialty of Emergency Medicine has ever seen.

It has been a couple of months full uncertainty and fear. But as always, we have shown that we are at the frontline of the healthcare system. When everyone was looking out for themselves, we were in the Emergency Department waiting for our next patient. Even though we are far from normal, it seems that we are heading in that direction. We cannot let our guard down. But we can take a minute and acknowledge the great sense of camaraderie that we have demonstrated within our small group. From sharing strategies to protect ourselves, to every single paper that was published to keep us updated. People call us heroes, but that is just an epithet for an emergency medicine physician. It makes me proud to call you my colleagues.

Adriana's Corner

A special thank you to all of you for your continued support of your patients during this pandemic. These are unprecedented times and many of you have made many sacrifices and have continued to risk your lives for others. Wishing you all the best during this crisis. Stay safe and healthy!

Take advantage of the useful resources that are posted on the chapter website:

COVID-19 Mental Health

FROM NATIONAL ACEP

American College of Emergency Physicians[®]



We are updating our <u>COVID-19 Clinical Alert repository</u> daily to assist you with patient care, stay up-to-date with ACEP's efforts and resources and acces free & discounted offers to healthcare workers. The site is organized by topic and also includes links to trusted external sources.

Public Poll: Emergency Care Concerns Amidst COVID-19

There is a worrisome trend across ERs of people who are avoiding getting the medical care they need. While it's important to stay home and follow social distancing guidelines, it's critical to always know when to go to the emergency department. <u>Read more</u>.

Another Week, Another Bundle of COVID-19 Regulatory Changes Regs and Eggs Blog - May 7, 2020

Last week, we mentioned that the Centers for Medicare & Medicaid Services (CMS) was planning on releasing a COVID-19 regulation any day—and in fact the reg came out later that same day, Thursday, April 30th. This is the second major reg CMS has released in response to the COVID-19 pandemic. While the first reg that CMS issued at the end of March had huge implications for emergency physicians, the reg released last Thursday won't have as much of a direct impact on emergency medicine. <u>Read more on ACEP's regulatory blog</u>.

COVID-19 Financial Survival Guide: What You Need to Know

ACEP is standing up for our members who, despite serving on the frontlines of the COVID-19 pandemic, are having their livelihoods threatened. Cutting benefits, reducing shifts or canceling contracts in today's environment is akin to signing a 'Do Not Resuscitate' order for many emergency departments and the physicians who care for patients, especially those in rural or underserved areas. Access the guide.

COVID-19 Physician Wellness Webinars & Crisis Support

ACEP collaborated with the American Association of Emergency Psychiatry on a webinar and podcast related to physician wellness and mental health during COVID-19. In this webinar, Dr. Jack Rozel, Medical Director at resolve Crisis Services and president of AAEP, and Dr. L. Anthony Cirillo, ACEP Board Member, share insights on why we are experiencing fear and grief, how to cope with different types of stress, and how to help yourself and your team through this difficult time. View the webinar and listen to the podcast.

ACEP Member Benefit: Free Counseling and Support

Receive exclusive access to 3 free counseling sessions through ACEP's new Wellness & Assistance Program. Support is available 24/7, & you can conduct your sessions over the phone, face-to-face, via text message or through online chat. Learn more.

COVID-19 Field Guide: New Updates

Our most popular COVID-19 resource, the Field Guide to COVID-19 Care in the ED, continues to be updated with the latest information. The following sections were updated: isolation, PPE, risk factors, and evaluation/management of COVID-19. <u>View the guide</u>.

Member Benefits: COVID-19 No Cost, Discount & Other Offers

You are risking your lives to care for patients from this unprecedented pandemic, and we all appreciate the additional stress on you and your families. We want to help. And, so do a lot of companies out there. So, thanks to you and thanks to the companies willing to support our healthcare heroes. <u>View the benefits</u>.

Get Waiver Training on Zoom

Given the unprecedented crisis that COVID 19 poses to patients with opioid addiction Get Waivered, ED Bridge, and ACEP are providing the first ever seamless Zoom version of the traditional waiver training on May 20 at 10 a.m. EST. <u>Register</u> here.

COVID-19 Special Edition of Critical Decisions in EM

Our newest CDEM features lifesaving lessons focused on the ED evaluation and management of COVID-19, including timely information on risk factors, common examination findings, valuable diagnostic tests, and the safe use of pharmacological treatments. The issue also takes a deep dive into PPE, the provision of respiratory support, and what interventions should be avoided when managing these vulnerable patients. Learn more.

Geriatric Emergency Department Accreditation: Delivering Geriatric Care Standardization

Older adults account for 46 percent of all emergency department visits resulting in hospitalization. Approximately one out of every 10 hospital admissions are potentially avoidable, and the majority (60 percent) of those admissions are for patients 65 and older. Read More about GEDA in the latest <u>SAEM Pulse issue</u>.

Call for Research Forum Abstracts

Submit your abstracts to ACEP's Research Forum 2020 by June 11. Abstracts will be peer reviewed for presentation at the 2020 Research Forum during ACEP's Scientific Assembly. <u>See abstract requirements</u>.

Be Accredited to Provide Pain & Addiction Care in the ED

Show your community that your ED is part of the solution. ACEP is now accepting applications for the Pain & Addiction Care in the ED (PACED) Accreditation Program, developed for EM physicians by EM physicians.

PACED, the nation's only specialty-specific accreditation program, will provide the education, tools & resources you need to provide better care for patients in pain & those with substance misuse.

Elevate the quality of patient care with innovative treatments, alternative modalities, and impactful risk reduction strategies in a collaborative team setting, resulting in positive outcomes for your patients, families, providers, and communities. Learn more at www.acep.org/PACED or contact us at paced@acep.org

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